

Alzheimer's & Dementia Caregiver Podcasts Series

The James L. West Alzheimer's Center and Plaid for Women, Inc. have partnered to create a podcast series specifically for Alzheimer's and dementia caregivers.

Managing Caregiver Stress
Communicating with Dementia Loved Ones
Do I really need a Caregiver Support Group?
Hospitalization of a Dementia Loved One
Real Life as a Caregiver
Understanding Different Care Options
Keeping My Loved One Safe
Understanding Guardianship Services (2 parts)
Driving with Dementia

Experts locally and from other organizations such as the Alzheimer's Association and The Rosalynn Carter Institute for Caregiving contributed to the series.

Listen at:

www.JamesLWestLearn.org



JAMES L WEST
ALZHEIMER'S CENTER

Providing hope for the journey



This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U1QHP28735. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Health Resources and Services Administration or the U.S. Department of Health and Human Services.