# PROGRAM INFORMATION

The UPLIFT program provides up to 3 years of postdoctoral salary support and adds training and experience in college-level instruction to the typical mentored biomedical research training.

Participating postdocs will continue to dedicate most of their time to research in a biosciences lab in David Geffen School of Medicine or UCLA College, but additionally receive advanced training and a practicum in college level instruction at California State University, Los Angeles.

**Funding:** This is a 4 year program in which UPLIFT provides the standard UCLA Postdoctoral salary for up to three years and the PI funds Year 4.

### CALL FOR APPLICATIONS!

Applications are being accepted on an ongoing basis.

Apply online at: www.biomedpostdoc.ucla.edu UPLIFT Program



## CONTACT US

#### Website:

www.biomedpostdoc.ucla.edu Visit our UPLIFT Program website for more program information or to submit an application.

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# UPLIFT

UCLA POSTDOCS LONGITUDINAL INVESTMENT IN FACULTY TRAINING

## An NIH IRACDA Program









# What is uplift?

The UPLIFT Program at David Geffen School of Medicine at UCLA supports postdoctoral scholars in the biological sciences who have a demonstrated interest in teaching, research and supporting diversity in science, technology, engineering and mathematics (STEM). UPLIFT combines a traditional mentored postdoctoral research experience with an opportunity to develop academic skills, including mentored teaching assignments at our partner institution, California State University, Los Angeles.

Pedagogical training is provided through workshops and courses offered through the Center for the Integration of Research, Teaching and Learning (CIRTL) at UCLA.

This program is sponsored by an Institutional Research and Academic Career Development Award (IRACDA), supported by the division of NIGMS at NIH.

### IRACDA PROGRAM GOALS

The major goals of IRACDA are to produce a workforce in STEM with a strong commitment to teaching diverse undergraduates, particularly at institutions with a history of training students underrepresented in higher education; to facilitate the progress of postdoctoral candidates toward research and teaching careers in academia; and to promote linkages between the research intensive institution and partner institution that can lead to further collaborations in research and teaching.



# WHO SHOULD APPLY?

**Eligibility:** We welcome applications from prospective or current postdocs with less than 2 years postdoctoral experience at the time of appointment, who are US citizens or permanent residents, have career goals that involve teaching at a college or university, and demonstrate commitment to diversifying the STEM workforce by teaching and mentoring underrepresented students in the biomedical sciences. Individuals from underrepresented groups are encouraged to apply.

### TEACHING WITH UPLIFT

Teaching and career development training for UPLIFT fellows includes the following components:

**Year 1.** Fall Course: Intro to Evidence-Based Undergraduate Teaching. Winter Course: Teaching as Research. Start Cal State LA teaching practicum with teaching observations and giving 1-2 lectures. Co-instruct a Cal State LA undergraduate journal club in collaboration with other UPLIFT Scholars.

**Year 2.** Participate in Summer Institute on Scientific Teaching. With a faculty mentor, co-teach a Cal State LA course and begin a Teaching-as-Research project. Co-instruct Cal State LA undergraduate journal club.

**Year 3.** Co-instruct Cal State LA undergraduate journal club. Finish Teaching-As-Research project and complete CIRTL certification, if desired.

**All Years.** Participation in UCLA's CIRTL Community, the STEM Education Research Journal Club, monthly teaching reflection meetings, and annual IRACDA meeting. Engage in scheduled meetings with UPLIFT Leadership, Cal State LA faculty mentors, and UCLA research mentors, and participate in career preparation seminars.